

# Instant Pot

## COOKING TIMES

### ~ Beans ~

Black beans - 20-25

Black eyed peas - 20-25

Chickpeas - 35-40

Cannellini beans - 35-40

Lentils, french green - 15-20

Lentils, green, mini - 15-20

brown

Lentils, red, split - 15-18

Lentils, yellow, split - 15-18

Lima beans - 20-25

Kidney beans, red - 25-30

Kidney beans, white - 35-40

Navy beans - 25-30

Pinto beans - 25-30

Peas - 15-20

Soy beans - 25-30

(chart times for dried beans, use enough water to cover amt. in pot and use designated time in pressure cooker)