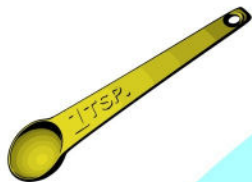


# Kitchen Measurements



**Cups    Tablespoons    Teaspoons    Ounces**

**1 cup = 16 Tbsp = 48 tsp = 8 oz**

**3/4 cup = 12 Tbsp = 36 tsp = 6 oz**

**2/3 cup = 11 Tbsp = 32 tsp = 5 oz**

**1/2 cup = 8 Tbsp = 24 tsp = 4 oz**

**1/3 cup = 5 Tbsp = 16 tsp = 3 oz**

**1/4 cup = 4 Tbsp = 12 tsp = 2 oz**

**1/8 cup = 2 Tbsp = 6 tsp = 1 oz**

**1/16 cup = 1 Tbsp = 3 tsp = .5 oz**

